







Preschool Activity Calendar



February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Go outside if it is sunny and look for shadows. (Nature)	Ground Hog Day 	Talk about the seasons of the year. Think of something special about each one. (Seasons)	Talk about times when you felling loving. List ways to show your love to someone. (Feelings)	Read a story about love, such as "The Runaway Bunny". (Literature)	Learn how to say "I Love You" in another language. (Thinking Skills)	Cut heart shapes out of different textured materials. Do rubbings of them. (Art)
8	9	10	11	12	13	14
	Help your child sign his name on Valentine's Day cards. (Writing)	Write alphabet letters on pairs of hearts. Mix cards, then find matching hearts. (Letters/Matching)	Plan a red day. Wear red clothes, finger paint with red, etc. (Colors)	Make red, pink, and purple paper chains for decorations. (Art)	Let your child help you use a heart cookie cutter to cut out heart cookies. (Cooking/Shapes)	Valentine's Day 
15	16	17	18	19	20	21
Show your child a picture of the president's house. Does she know the name of the house? (Social Studies)	Presidents' Day 	Find faces of U.S. Presidents on coins and dollar bills. (Problem Solving)	Make pennies shine by soaking them in a mixture of 2 Tbsp. vinegar and 2 tsp. salt. (Science)	Chinese New Year  Year of the Sheep	Try different ways of walking; giant steps, baby steps, tip-toeing, walking backwards, etc. (Movement)	Demonstrate how to cough into your shoulder, so you don't spread germs. (Health)
22	23	24	25	26	27	28
Let your child help you mop the floor. (Responsibility)	Let your child help you plan and prepare a healthy breakfast. (Nutrition)	Make muffins to share with a friend. (Kindness)		Teach your child "The Muffin Man" song. (Music/Language)	Go on a "Scent Hunt". Find things that smell; perfume, coffee, chocolate, etc. (Sensory Expl.)	Look for the number "9" in grocery store ads. (Numbers)